



Tel/Fax: 07745 333314

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The third day of the training will be mutually arranged.

- Venue: Unit 4, Park Farm Business Centre
Fornham St Genevieve, Bury St Edmunds
- Time: 10.00am – 4.00pm each day
- Cost: £300 to include lunches

A proposed schedule of the training together with information is enclosed. If you wish to apply for a place on the course, please complete the enclosed application form (page 7) and return it to me together with an up-to-date CV. The form should be returned, as soon as possible, together with a deposit of £50.00. A copy of Reading by the Colours by Helen Irlen will be sent to you on receipt of the £50.00. Details for travel will also be sent to you.

Part of the course will include you personally experiencing an Irlen Screening in order to enhance your understanding of the process.

I look forward to hearing from you. If you have any additional questions please contact me on the above number

Yours sincerely

Tina Yates
Clinic Director – Irlen East

IRLEN SCREENER TRAINING COURSES

Please find enclosed information on training to screen for Irlen Syndrome. Becoming an Irlen Screener requires a commitment from you as a trainee and future Screener. In turn it also requires a commitment from me an Irlen Diagnostician and Trainer. I hope that you will read the following and decide to become an Irlen Screener so that you will be able to identify and help those with Irlen Syndrome.

Medical research has shown that those with Irlen Syndrome suffer from visual-perceptual difficulties because they are unable to process full spectral light. Irlen tinted lenses, which act as filters, selectively reduce the input of specific wavelengths of light. This allows receptor cells in the retina/or others in the cerebral cortex to analyse visual information more effectively. They have proven to be as helpful and as necessary for those with Irlen Syndrome as prescription glasses are for those with vision problems.

The Irlen Screener Training Course is designed for those who are committed to continuing their professional development; to looking at the tapestry of problems from which people suffer and to helping them find solutions. The course will enable you to identify whether someone has Irlen Syndrome and whether use of colour will help. It will not, however, enable you to provide a treatment for Irlen Syndrome. This can only be provided following a full diagnostic assessment and tinting process carried out by a trained and licensed Irlen Diagnostician.

Irlen screening will allow you to identify those among the 12% of the general population who suffer from Irlen Syndrome and those among the 47 – 50% of people with Dyslexia, AD(H)D, Autism, Asperger's Syndrome and learning difficulties who also have Irlen Syndrome. Irlen Syndrome is a hidden problem, even those suffering from it are often not aware that what they see on the printed page and in the environment is not "normal". They assume that what they see is what everyone else sees.

If you decide to become an Irlen Screener, I will commit myself to providing the appropriate training, materials and support to you as a Screener. Your commitment will be to use the Irlen Screening materials and method to identify and screen children and adults for Irlen Syndrome and to refer those found positive for diagnostic assessment and treatment to the Irlen Centre.

On the following page you will find an outline of the course with aims, duration, content, costs and follow-up. There is also an application that must be completed, signed and returned, together with your deposit, to the Centre before the course can begin. Upon receipt of the form and deposit a copy of Reading by the Colours will be sent to you.

Tina Yates Clinic Director Irlen East

IRLEN SCREENER TRAINING COURSE

Aims of the Course:-

- To provide background knowledge about Irlen Syndrome and the Irlen method, its discovery, the array of symptoms and effects on people and information on research.
- To provide you with the testing materials and a working knowledge of how to use them.
- To provide you with the skills to identify those who have Irlen Syndrome and who will benefit from colour.
- To give you the skills and knowledge to inform those with Irlen Syndrome about the next stage of diagnostic assessment and treatment.

Duration:-

- two consecutive days of direct instruction and practical work with a follow-up session several weeks later, after delegates have completed at least 5 screenings. The date of the follow-up session will be arranged on the second day of the course.

Content:-

- days one and two: detailed information about the Syndrome, perceptual distortions on the page and in the environment, effects on reading, physical symptoms, research, identification of possible candidates, the screening process, interpreting the results, demonstration screening, practice screenings, the role of screening in the process from identification to treatment, how the filters work and links with other conditions.
- follow up session will include discussion of 5 screenings completed since the first two days, interpretation of screenings, review of information, incorporating screening into assessment programmes, the tapestry of problems, arrangements for support, evaluation and a certificate.

Cost:-

- £300 to include: training, Screener Training Pack, two sets of Irlen overlays, CD ROM, Irlen Screening Manual, Reading by the Colours by Helen Irlen, copies of research, an Irlen Screener Certificate on completion of the course and assignments, and future advice and support.

Monitoring:-

- the first 10 screening forms, interpretation of results, reports and referrals can be discussed in confidence with one of the course trainers.
- This will provide a continuous back up and support until you feel confident about the screenings, your decisions and your advice.

Next Step:-

- to be included in the date in one of the planned courses please return the completed application form and your deposit to Irlen East. (If you are unable to attend one of the courses offered but are interested in one at a later date, please let us know).

IRLEN SCREENER TRAINING

Learning to use the Irlen Screening technology will give you the ability to do the following:-

- To use the Irlen Screening materials and method to screen children and adults for Irlen Syndrome where appropriate.

- To provide those screened with verbal results of the screening followed by a written report.

- To provide adults and parents of children screened positive with the relevant information on the necessity of further diagnostic assessment and treatment for Irlen Syndrome.

- In all cases of positive screening, to make a referral to the Irlen Centre enclosing a copy of the screening and report.

- To inform the teachers of all children screened positive so that they are aware of their problems.

- As a trained Irlen Screener, to carry out Irlen Screenings. You will not be authorised to train others to screen or use Irlen materials.

- To discuss and help develop extra materials provided by, or agreed with, the Irlen Centre.

- To keep up-to-date with information and developments in screening methods and research into Irlen Syndrome.

- To update your Irlen Screener training as required and to support relevant research projects.

ASSIGNMENTS FOR IRLLEN SCREENING COURSES

Please read:- 'Reading by the Colours' by Helen Irlen, prior to attending day one of the course

ASSIGNMENT NUMBER 1:

1. Go over the Irlen Screening Guide, which is part of the Screener Training Pack, so that you are familiar with the procedures for screening i.e. setting, materials needed, questioning, format for the perceptual tasks, scoring of each section, procedures for overlay preference testing and how to sum up the results.

2. Carry out a practice screening on someone such as a member of your family so that you are more familiar with the different parts of the screening and so that we can discuss any questions, or problems, at the start of day two before carrying out screenings with students.

ASSIGNMENT NUMBER 2:

Carry out 5 Irlen Screenings, which includes:-

- i. identifying those to screen
- ii. contacting the parents to arrange the screening
- iii. carrying out the screening with verbal feedback
- iv. completing a report for the parents and school
- v. monitoring the effectiveness of the overlays.

ASSIGNMENT NUMBER 3:

Examine the environment in which you and your students work together. Think about the impact of this environment on students who may have Irlen Syndrome:-

- i. make an inventory of negative aspect of the environment
- ii. make a list of changes which would help the students with Irlen Syndrome
- iii. try out some changes
- iv. monitor the effects of the changes by observation and/or questioning the students;
- v. write a brief report on your findings
- vi. bring your results with you to discuss with the other members of the course.

ASSIGNMENT NUMBER 4:

Following day two of the course:- carry out 5 screenings. This will include: arranging dates, using an appropriate letter to arrange the screening, carrying out the screenings, interpreting the results, verbal feedback at the screening, written feedback using the standard Screening Report Sheet.

Review the screenings, interpretations and reports with the Course Director.

ASSIGNMENT NUMBER 5:

The final assignment is flexible to accommodate your setting. It involves creating awareness of Irlen Syndrome. Suggested activities include:-

- a.giving a presentation to colleagues
- b.preparing a booklet
- c.creating a display
- d.any other ideas can be discussed with the Course Director.

The Director in charge of training will do the following:-

- Provide the appropriate training in screening.
- Provide the requisite materials for the training course i.e. training pack, two sets of Irlen overlays, testing materials, copies of research and Certificate of Qualification.
- Provide update training, as required, during the five year period.
- At the end of this period provide training for renewal of certification.
- Will make available supplies of overlays, test forms and materials, as needed.
- Will make available copies of any new research, forms and methods.
- Will be available to discuss screenings and interpretations of results and to provide information and advice to you the screener and to those you screen.

WHY REFERRAL TO THE IRLLEN CENTRE IS IMPORTANT

- Screening determines whether a person suffers from Irlen Syndrome and whether colour will help that person, but it **does not** identify the areas of need and symptoms on the printed page or in the environment.
- Overlays are a diagnostic tool used as part of a screening. They give some benefit to most people who suffer from Irlen Syndrome by putting colour on the page. The overlays **do not** treat Irlen Syndrome. They **will not** help with environmental perceptual stress, electronic displays, environmental distortions, board work, writing, depth perception problems, headaches or migraines.
- Irlen tinted lenses act as filters to selectively reduce the input of specific wavelengths of light. This allows receptor cells in the retina and/or others in the cerebral cortex to analyse visual information more effectively.
- Irlen Filters have been proved to be as helpful and as necessary for those with Irlen Syndrome as prescription glasses are for those with vision problems.
- The Irlen diagnostic assessment will identify the areas of need and the symptoms that need to be treated.
- Only filters precision tinted to each individual's specifications will treat Irlen Syndrome successfully.



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APPLICATION FOR TRAINING AS A CERTIFIED IRLLEN SCREENER

Name:

Email

Address (Home):

(Work):

Telephone (Home):

(Work):

Background:

Summary of qualifications and experience. This might be in the area of Special Needs, including involvement in developing programmes for children or adults with learning difficulties, Dyslexia, Autism, AD(H)D, Asperger's Syndrome, behavioural difficulties, or where they are underachieving in an educational setting or in the workplace.

Present Situation:

Summary of your current position working with individuals who might benefit from the Irlen Method.

Reasons for Applying:

Summary of how you might use the Irlen method as part of your professional development and how your training will benefit others.

(Continue overleaf)